

Louise L Hay

YOU CAN HEAL YOUR LIFE

AUTOCURACION, en español abajo

Teach yourself through Youtube (all for free).

- **affirmation cards** are shown while **Barbra Streisand** sings 'Lessons to be learned' (ca 4:40 min.):

<http://nl.youtube.com/watch?v=dnUWm40AkXg&NR=1>

- **affirmation cards** are shown while **Enya** sings 'Pilgrim' (ca 3 min.):

<http://nl.youtube.com/watch?v=3aACltcoDnE&feature=related>

- **affirmation cards** are shown 'your thoughts create your future' (ca 4 min.):

http://nl.youtube.com/watch?v=KAsxB_He5xM&NR=1

- info on her book "You can heal your life": <http://nl.youtube.com/watch?v=qYCamVx4fSQ>

- **You can heal your life - study 01-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=WjntHE4LJCQ&feature=related>

- **You can heal your life - study 02-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=TdMnkNfY94g&feature=related>

- **You can heal your life - study 03-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=VNIBBBSVyVY&feature=related>

- **You can heal your life - study 04-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=bwbfKYQu0uI&feature=related>

- **You can heal your life - study 05-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=npnElrzACbo&feature=related>

- **You can heal your life - study 06-12** (Louise in English, **subtitulado en español**, ca 10 min.):

http://nl.youtube.com/watch?v=JMSjoUn_-q4&feature=related

- **You can heal your life - study 07-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=hROfIoEk5uI&feature=related>

- **You can heal your life - study 08-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=fANOIATMhNQ&feature=related>

- **You can heal your life - study 09-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=KnwY8wDUG0M&feature=related>

- **You can heal your life - study 10-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=ZkE2SHArn-E&feature=related>

- **You can heal your life - study 11-12** (Louise in English, **subtitulado en español**, ca 10 min.):

<http://nl.youtube.com/watch?v=xiBgtDZHwTM&feature=related>

- **You can heal your life - study 12-12** (Louise in English, **subtitulado en español**, ca 10 min.):

http://nl.youtube.com/watch?v=Zn-b8lAes_Q&feature=related

- **Loving yourself** (ca 8 min.): <http://nl.youtube.com/watch?v=ltJJbYvMagE&feature=related>

- **How to love yourself** (ca 3 min.): <http://nl.youtube.com/watch?v=SQVMiyzJR5k&feature=related>

- **Health and Wellbeing 1-4** (ca 10 min.): <http://nl.youtube.com/watch?v=ykSzdab4SWc&feature=related>

- **Health and Wellbeing 2-4** (ca 10 min.): <http://nl.youtube.com/watch?v=izEWkq2l8gY&feature=related>

- **Health and Wellbeing 3-4** (ca 10 min.): <http://nl.youtube.com/watch?v=fVod66zqoF0&feature=related>

- **Health and Wellbeing 4-4** (ca 10 min.): http://nl.youtube.com/watch?v=k_qyjdGTE_s&feature=related

AUTOCURACION en español

- **autocuracion 1-8** (Español, ca 10 min.): <http://nl.youtube.com/watch?v=snvv2mXbWPC&feature=related>

- **autocuracion 2-8** (Español, ca 10 min.): <http://nl.youtube.com/watch?v=xbUjsMrtgTE&feature=related>

- **autocuracion 3-8** (Español, ca 10 min.): <http://nl.youtube.com/watch?v=ATO4X9PCbyQ&feature=related>

- **autocuracion 4-8** (Español, ca 10 min.): http://nl.youtube.com/watch?v=TjLLOc_got0&feature=related

- **autocuracion 5-8** (Español, ca 10 min.): <http://nl.youtube.com/watch?v=pOj3bP2qOrc&feature=related>

- **autocuracion 6-8** (Español, ca 10 min.): <http://nl.youtube.com/watch?v=UgnziSxWrOA&feature=related>

- **autocuracion 7-8** (Español, ca 10 min.): <http://nl.youtube.com/watch?v=wxhA5c9-lfE&feature=related>

- **autocuracion 8-8** (Español, ca 10 min.): <http://nl.youtube.com/watch?v=TtviPYotWD4&feature=related>